

MON 9-6pm	TUES 9-6pm	WED 9-4pm	THURS 9-6pm	FRI 9-3pm	SAT 9-12pm
			1 Drop In Support 10am-1pm Bilingual Playgroup 10:00am –11:00am Active Parenting of Teens 11am-1pm	2 Tea & Toddler Mom's Club 10:00-11:00 <u>Close at 11am Staff Appreciation Day</u>	3 CLOSED
5 CLOSED	6 No Drop in Support Play & Learn Playgroup 10am-11am	7	8 Drop In Support 10am-1pm Bilingual Playgroup 10:00am –11:00am	9 Drop In Support 10am-1pm New Baby New Feelings group for moms with infants 10:00-11:00am	10 Stop & Play Playroom 10-11am & 11:30am- 12:30pm Onsite Individual Family Support 9am-12pm
12 Drop In Support 10am-1pm	13 Drop In Support 10am-1pm Play & Learn Playgroup 10am -11am Virtual Nurturing Fathers 6pm-8pm	14 <u>New! Mosaic FB Live Storytime 12:30—1 pm</u> Parent Advisory Meeting 4pm-5pm	15 Drop In Support 10am-1pm Bilingual Playgroup 10: –11am Pajama Party at the Family Center (Zoom option) 4:30-5:30pm	16 Drop In Support 10am-1pm Tea & Toddler Mom's Club 10:00-11:00 Grandparent Raising Grandchildren 12pm-1pm	17 CLOSED
19 Drop In Support 10am-1pm Hablemos-Spanish Speaking Caregivers group 11am-12:30pm	20 Drop In Support 10am-1pm Play & Learn Playgroup 10am-11am Virtual Nurturing Fathers 6pm-8pm	21 Professional Development 10am-3pm	22 Drop In Support 10am-1pm Bilingual Playgroup 10:00am –11:00am Babysitter Certification Training 4pm-7:30pm	23 Drop In Support 10am-1pm New Baby New Feelings group for moms with infants 10:00-11:00am Community Advisory Meeting 11:30AM—12:30PM	24 Stop & Play Playroom 10-11am & 11:30am- 12:30pm Babysitter Workshop 10am-12pm
26 Drop In Support 10am-1pm Hablemos-Spanish Speaking Caregivers group 11am-12:30pm	27 Drop In Support 10am-1pm Play & Learn Playgroup 10am-11am Virtual Nurturing Fathers 6pm-8pm	28 Professional Development 10am-1pm	29 Drop In Support 10am-1pm Bilingual Playgroup 10:00am –11:00am	30 Drop In Support 10am-1pm	

COMMUNITY ACTION FAMILY CENTER
NEW BABY, NEW FEELINGS
 A free, safe, confidential drop in support group for mothers with infants Newborn - 16 months.



EVERY 2ND AND 4TH FRIDAY 10:30AM - 11:30AM
AT 90 FEDERAL STREET, GREENFIELD

Becoming a parent brings new emotions, experiences and challenges in ways you never imagined!
 Connect with other moms to get support and explore the range of feelings during the postpartum time. This group is based on honesty, mutual respect, non-judgement & acceptance.

For more information and to get connected to the group call 413.475.1555

Logos: children's trust, Family Resource Centers, eec, United Way Partner Agency

Community Action Family Center is funded in part by Coordinated Family and Community Engagement (CFCE) grant of the Department of Early Education and Care, Children's Trust Massachusetts Family Center grant, The United Way of Franklin County, the Massachusetts Family Resource Center grant, and generous donations from our families and friends.

COMMUNITY ACTION FAMILY CENTER
TEA & TODDLER Moms' Club
 1st & 3rd FRIDAYS 10:00AM - 11:00AM



Make Tea & Toddler Moms' Club part of your next mom-normal - whatever that means right?! Join us in an intentional self-care space. This is a facilitated support group that is non-judgmental and open to mothers of toddlers (children ages 18 months-5yrs). While you take a breath with other moms, your terrific toddler can engage in playgroup in our playroom (snack included).

Share your experiences of balancing mom life while navigating naptime during a global pandemic.

Light refreshments provided. (Masks required 2+)
 For more information call 413.475.1555

Logos: United Way Partner Agency, children's trust, MASSACHUSETTS Department of Early Education and Care, Family Resource Centers

Ongoing Programming!

Diaper Distribution - Monday-Friday during our open hours. Just ring the doorbell.

Community Closet - By appointment only.

Pajama Party Events - 3rd Thursday of the month. 5:30pm-6pm. Registration required. Literacy event for children ages 0-8y ears old and their caregivers. Join playgroup staff and read a story and engage in a craft activity.

New Baby, New Feelings - 2nd & 4th Fridays 10:30am - 11:30am
 Weekly support group for moms with young babies ages 0—16 mos

NEW! Tea & Toddler Mom's Club - 1st & 3rd Fridays 10:30am - 11:30am
 Weekly support group for moms with toddlers age 16mos—5yrs.

Fathers Moving Forward - 2nd & 4th Thursday 5pm - 6pm
 Weekly support group for fathers.

Grandparents Raising Grandchildren - 1st and 3rd Friday 1:00pm - 2:00pm

Support group in person at the Family Center for all grandparents.

Nurturing Fathers - Tuesdays -6 -8 pm

An empowering evidence based program that is designed to teach parenting and nurturing skills to fathers and male caregivers. Pre-registration required.

Parenting Journey - Tuesdays 11:30-1

An evidence-based program to support you in being the parent you want to be. Pre-registration required.



COMMUNITY ACTION FAMILY CENTER
FREE PLAYGROUPS!




ALL ARE WELCOME! ACTIVITIES ARE GEARED TOWARD CHILDREN 8 YEARS OLD AND YOUNGER.

PLAY & LEARN TUESDAYS 10-11:00 AM

BILINGUAL PLAYGROUP THURSDAYS 10-11:00 AM

90 FEDERAL ST. GREENFIELD MA

Come play, practice skills, read stories, and make new friends!

SNACK PROVIDED NO REGISTRATION REQUIRED

Community Action Family Center

FOR MORE INFORMATION CALL 413.475.1555

Logos: children's trust, MASSACHUSETTS Department of Early Education and Care, United Way Partner Agency, Family Resource Centers

WANT TO KNOW ABOUT YOUR CHILD'S DEVELOPMENT?

USE THE ONLINE AGES & STAGES CHECKLIST TO LEARN MORE ABOUT HOW THEY ARE GROWING AND LEARNING



Click here or Scan the QR Code with your cell phone camera and click on the link to access the checklist. .



ALL Programs are FREE!

Call to make an appointment for individual support & clinical services!

For more information about our programs or schedule updates:

Follow Us on Facebook: www.facebook.com/communityactionfamilycenterprograms/

Visit our website: www.communityaction.us/family-center