

MONDAY
9AM-6PM

TUESDAY
9AM-6PM

WEDNESDAY
9AM-4PM


THURSDAY
9AM-6PM

FRIDAY
9AM-3 PM

SATURDAY
9AM-12PM

**PLAYGROUP
IN THE PARK**
TUESDAYS
JULY 11, JULY 18 & JULY 25
10:00-11:00AM
OAK COURTS PLAYGROUND

Fun for the whole family
**FAMILY
GAME
NIGHT**
THURSDAY
JULY 13, 2023
4:00-5:30

Virtual Pajama Party
ON ZOOM
THURSDAY
JULY 20, 2023
4:30-5:00PM


CLOSED

1

CLOSED

3

4

Drop-In
Support By
appointment
9-12

5

Bilingual Playgroup 10-11
Family Lunch 11:45-12:30
Active Parenting of Teens
11-1:30

6

Tea & Toddler
Mom's Club 10-11
Grandparents Raising
Grandchildren
12-1

7

FC SATURDAY
Open Playroom
9:30-11:30

8

Playgroup in the Park
@ Oak Courts Playground
10-11
Multifamily DBT 4:30-6

10

11

Drop-In
Support By
appointment
9-12

12

Bilingual Playgroup 10-11
Active Parenting of Teens
11-1:30
Family Game Night
4:00-5:30

13

New Baby, New Feelings
10-11

14

CLOSED

15

Playgroup in the Park
@ Oak Courts Playground
10-11
Multifamily DBT 4:30-6

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18

Drop-In
Support By
appointment
9-12

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**CENTER WILL
CLOSE AT 4:00PM**
Bilingual Playgroup 10-11
Zoom Pajama Party
4:30-5:00

20

Tea & Toddler
Mom's Club 10-11
Grandparents Raising
Grandchildren 12-1

21

FC SATURDAY
Open Playroom
9:30-11:30

22

DAD VIBES:
A focus on Fathers
4:30-5:30pm

24

Playgroup in the Park
@ Oak Courts Playground
10-11
Multifamily DBT 4:30-6

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Drop-In
Support By
appointment
9-12

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Bilingual Playgroup 10-11

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Parent Child+ Graduation



Keeping Kids Safe
Parent Workshop Series



Parent Child+ Graduation

Call to make an
appointment for
individual support.

DROP-IN SUPPORT HOURS

Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th
9:30-11:30

ONGOING PROGRAMMING

FAMILY ACTIVITIES

FAMILY LUNCH - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY- 3rd Thursday of the month. 4-5:30 pm unless in person. Registration required when virtual. Literacy event for children ages 0-8 years old and their caregivers.

FC SATURDAYS - 2nd & 4th 9:00am-12:00pm Drop in for individual family support or have fun in the open playroom

STOP & PLAY - Reserve & enjoy one hour for exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or pod-buddies to explore, play & read.

PLAYGROUPS

Weekly free Parent - Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!
** Snack Provided ** No registration required.**

PLAY & LEARN - TUESDAYS 10-11
BILINGUAL PLAYGROUP - THURSDAYS 10-11

SUPPORT GROUPS

New Baby, New Feelings - 2nd Friday 10-11am
Monthly social/support group for moms with babies ages 0-16 months.

Tea & Toddler Mom's Club - 1st & 3rd Fridays 10-11am
Weekly support group for moms with toddlers age 16mos—5yrs.

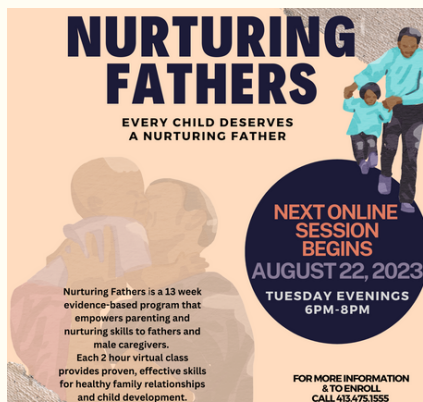
Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Bi-weekly support group in person at the Family Center for all grandparents.

Hablemos - will resume in September! Bi-weekly support group for Spanish speaking caregivers

EVIDENCE-BASED CAREGIVER EDUCATION

We offers a variety of parent & caregiver strength a programs. All programs are voluntary and free to enroll. Registration and intakes are required. **Waitlists are ongoing.** See calendar for dates and times.

Active Parenting of Teens
Healing Trauma in Spanish
Nurturing Fathers
Parenting Journey
Multi-Family DBT (Dialectical Behavior Therapy)
Keeping Kids Safe



DAD VIBES: A Focus on Fathers

Calling all dads, father figures and male caregivers! Your input is important to us. Help shape our programs and services. Share thoughts, ideas and feedback around current programming, parent workshops and brainstorm other ways we can support families.

Dinner provided. Childcare & transportation supports available. Each participant will receive a gift card.

RSVP TODAY! 413.475.1555

**MONDAY
JULY 24
4:30-5:30**

DIAPER DISTRIBUTION


**In need of diapers?
We've got you covered
once a month.**

Free & Intake required.

**Monday-Friday during our
open hours.**


COMMUNITY CLOSET


**In need of
clothes? Shop
in our free
community
closet.**

Free & Intake required.

**Call to schedule a
shopping 413.475.1555**

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?


**Use the online
to learn more about
how they are growing
and learning!**



SCAN ME 