





MONDAY 9AM-6PM	TUESDAY 9AM-6PM	WEDNESDAY 9AM-4PM	THURSDAY 9AM-6PM	FRIDAY 9AM-3 PM	SATURDAY 9AM-12PM
<p>Youth Group 2:30-4</p> <p><b>2</b></p>	<p>Play &amp; Learn 10 -11 Art Therapy Group 4:30-5:30 Nurturing Fathers 6-8</p> <p><b>3</b></p>	<p><b>CENTER CLOSES @ 1PM</b></p> <p><b>4</b></p>	<p>Windows &amp; Mirrors Playgroup 10-11</p> <p><b>5</b></p>	<p>New Baby, New Feelings 10-11 Tea &amp; Toddler Caregivers Club 11:30-12:30 Wellness &amp; Self Care Workshop for Grandparents Raising Grandchildren 12-1</p> <p><b>6</b></p>	<p><b>CLOSED</b></p> <p><b>7</b></p>
<p>Youth Group 2:30-4</p> <p><b>9</b></p>	<p>Play &amp; Learn 10 -11 Family Lunch 11:45-12:15 Art Therapy Group 4:30-5:30 Nurturing Fathers 6-8</p> <p><b>10</b></p>	<p>Drop-In Support By appointment 9-12 ParentChild+ Graduation 11:30-1</p> <p><b>11</b></p>	<p>Open Playroom 10-11</p> <p><b>12</b></p>	<p>New Baby, New Feelings 10-11 Open Toddler Playroom 11:30-12:30</p> <p><b>13</b></p>	<p>FC SATURDAY Open Playroom 9:30-11:30</p> <p><b>14</b></p>
<p>Youth Group 2:30-4</p> <p><b>16</b></p>	<p>Play &amp; Learn 10 -11 Nurturing Fathers 6-8</p> <p><b>17</b></p>	<p>Drop-In Support By appointment 9-12 Meet us at the Greenfield Public Schools Summer Eats Kick Off 3-6 @ Green River Swimming &amp; Rec Area</p> <p><b>18</b></p>	<p><b>AGENCY CLOSED</b></p> <p><b>19</b></p>	<p>New Baby, New Feelings 10-11 Tea &amp; Toddler Caregivers Club 11:30-12:30 Grandparents Raising Grandchildren 12-1</p> <p><b>20</b></p>	<p><b>CLOSED</b></p> <p><b>21</b></p>
<p><b>CLOSED Staff Training</b></p> <p><b>23</b></p>	<p>Play &amp; Learn 10 -11 Nurturing Fathers 6-8</p> <p><b>24</b></p>	<p>Drop-In Support By appointment 9-12</p> <p><b>25</b></p>	<p>Windows &amp; Mirrors Playgroup 10-11</p> <p><b>26</b></p>	<p>New Baby, New Feelings 10-11 Tea &amp; Toddler Caregivers Club 11:30-12:30</p> <p><b>27</b></p>	<p>FC SATURDAY Family Fun Day 10-12</p> <p><b>28</b></p>
<p>Youth Group 2:30-4</p> <p><b>30</b></p>	 				

Call to make an  
appointment for  
individual support.

## DROP-IN SUPPORT HOURS

Monday 10-1  
Tuesday 10-1  
Thursday 10-1  
Friday 10-1  
Saturday 2nd & 4th  
9:30-11:30



JOIN US MONDAYS FOR  
**YOUTH GROUP**

EXPLORE  
YOUR  
INTERESTS  
MEET NEW  
PEOPLE  
AND  
CREATE A  
SPACE THAT  
YOU WANT  
TO BE A  
PART OF

WEEKLY DROP-IN  
SUPPORT  
FOR MIDDLE & HIGH  
SCHOOL YOUTH

**MONDAYS  
2:30 TO 4PM**

AT 90 FEDERAL ST IN GREENFIELD  
REGISTRATION REQUIRED

AFTERSCHOOL SNACKS WILL BE  
PROVIDED AT EVERY MEETING



CALL OR  
SCAN  
QR CODE TO  
REGISTER

## ONGOING PROGRAMMING

### WHOLE FAMILY ACTIVITIES

**FAMILY LUNCH** - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

**FAMILY PAJAMA PARTY** - A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers. No registration required. Dinner provided. Every other month on the 3rd Thursday 4:30-5:30

**FC SATURDAYS - 2nd & 4th Saturday** Drop in for individual family support or have fun in the Open Playroom.

**STOP & PLAY** - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

### PLAYGROUPS

Weekly free Parent/Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!

\*\* Snack Provided \*\* No pre-registration required.\*\*

**Play & Learn** - Tuesdays 10-11AM  
**Windows & Mirrors** - Thursdays 10-11AM

### SUPPORT GROUPS

\*Light Snacks & Childcare provided. Transportation support available\*

**New Baby, New Feelings** - Weekly Fridays 10-11AM  
Social/support group for moms with babies ages 0-16 months.

**Tea & Toddler Club** - Weekly Fridays 11:30-12:30PM  
Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

**Grandparents Raising Grandchildren** - 1st and 3rd Friday 12-1PM  
Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

### EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing!

Active Parenting First Five Years ♦ Active Parenting of Teens ♦  
Nurturing Fathers ♦ Parenting Journey I ♦ My Journey  
♦ Keeping Kids Safe

### PARENT CHAT

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families. **May 13 August 12 November 18 11:30am-12:15pm**



*You Deserve This:*  
A Wellness & Self-care Gathering  
for Grandparents Raising Grandchildren

Join us during Grandparents Raising Grandchildren for a free special event created just for you — the grandparents and kinship caregivers who give so much every day. As you balance love, responsibility, and endless to-do lists, it's easy to forget that your well-being matters too.

Enjoy a relaxing atmosphere filled with self-care "make & take" activities, thoughtful conversation, and wellness goodies.

**Friday  
June 6, 2025  
12-1 PM  
90 Federal St.  
Greenfield MA**

No Registration Required Light refreshments provided



**PLAYGROUP  
IN THE PARK**

COMING JULY 2025!  
STAY TUNED FOR MORE DETAILS

Community Action Family Center @capvfamilycenter

### DIAPER DISTRIBUTION



In need of diapers?  
We've got you covered  
once a month.

Free & Intake required.

Monday-Friday during our  
open hours.

### COMMUNITY CLOSET




In need of  
clothes?  
Shop in our free  
community  
closet.

Looking to  
donate? We  
accept gently  
used clothing!

Call to schedule a visit to the closet  
413.475.1555

## WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online  
 to learn  
more about how  
they are growing  
and learning!



SCAN ME