



MONDAY 9AM-6PM	TUESDAY 9AM-6PM	WEDNESDAY 9AM-4PM	THURSDAY 9AM-6PM	FRIDAY 9AM-3 PM	SATURDAY 9AM-12PM
Youth Group 2:30-4 2	Play & Learn 10 -11 Art Therapy Group 4:30-5:30 Nurturing Fathers 6-8 3	CENTER CLOSES @ 1PM 4	Windows & Mirrors Playgroup 10-11 5	New Baby, New Feelings 10-11 Tea & Toddler Caregivers Club 11:30-12:30 Wellness & Self Care Workshop for Grandparents Raising Grandchildren 12-1 6	CLOSED 7
Youth Group 2:30-4 9	Play & Learn 10 -11 Family Lunch 11:45-12:15 Art Therapy Group 4:30-5:30 Nurturing Fathers 6-8 10	Drop-In Support By appointment 9-12 ParentChild+ Graduation 11:30-1 11	Open Playroom 10-11 12	New Baby, New Feelings 10-11 Open Toddler Playroom 11:30-12:30 13	FC SATURDAY Open Playroom 9:30-11:30 14
Youth Group 2:30-4 16	Play & Learn 10 -11 Nurturing Fathers 6-8 17	Drop-In Support By appointment 9-12 Meet us at the Greenfield Public Schools Summer Eats Kick Off 3-6 @ Green River Swimming & Rec Area 18	AGENCY CLOSED 19	New Baby, New Feelings 10-11 Tea & Toddler Caregivers Club 11:30-12:30 Grandparents Raising Grandchildren 12-1 20	CLOSED 21
CLOSED Staff Training 23	Play & Learn 10 -11 Nurturing Fathers 6-8 24	Drop-In Support By appointment 9-12 25	Windows & Mirrors Playgroup 10-11 26	New Baby, New Feelings 10-11 Tea & Toddler Caregivers Club 11:30-12:30 27	FC SATURDAY Family Fun Day 10-12 28

Youth Group
2:30-4
30



Call to make an appointment for individual support.

DROP-IN SUPPORT HOURS
Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th
9:30-11:30



JOIN US MONDAYS FOR
YOUTH GROUP

EXPLORE YOUR INTERESTS, MEET NEW PEOPLE AND CREATE A SPACE THAT YOU WANT TO BE A PART OF

WEEKLY DROP-IN SUPPORT FOR MIDDLE & HIGH SCHOOL YOUTH

MONDAYS 2:30 TO 4PM

AT 90 FEDERAL ST IN GREENFIELD
REGISTRATION REQUIRED

AFTERSCHOOL SNACKS WILL BE PROVIDED AT EVERY MEETING



CALL OR SCAN QR CODE TO REGISTER

ALL PROGRAMS ARE FREE

ONGOING PROGRAMMING

WHOLE FAMILY ACTIVITIES

FAMILY LUNCH - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY - A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers. No registration required. Dinner provided. Every other month on the 3rd Thursday 4:30-5:30

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the Open Playroom.

STOP & PLAY - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

PLAYGROUPS

Weekly free Parent/Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!
** Snack Provided ** No pre-registration required.**

Play & Learn - Tuesdays 10-11AM
Windows & Mirrors - Thursdays 10-11AM

SUPPORT GROUPS

Light Snacks & Childcare provided. Transportation support available

New Baby, New Feelings - Weekly Fridays 10-11AM
Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Club - Weekly Fridays 11:30-12:30PM
Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing!

Active Parenting First Five Years ♦ Active Parenting of Teens ♦
Nurturing Fathers ♦ Parenting Journey I ♦ My Journey
♦ Keeping Kids Safe

PARENT CHAT

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families. **May 13 August 12 November 18 11:30am-12:15pm**



You Deserve This:
A Wellness & Self-care Gathering
for Grandparents Raising Grandchildren

Join us during Grandparents Raising Grandchildren for a free special event created just for you — the grandparents and kinship caregivers who give so much every day. As you balance love, responsibility, and endless-to-do lists, it's easy to forget that your well-being matters too.

Enjoy a relaxing atmosphere filled with self-care "make & take" activities, thoughtful conversation, and wellness goodies.

**Friday
June 6, 2025
12-1 PM
90 Federal St.
Greenfield MA**

No Registration Required Light refreshments provided



COMMUNITY ACTION
FAMILY CENTER

**PLAYGROUP
IN THE PARK**

COMING JULY 2025!
STAY TUNED FOR MORE DETAILS

Community Action Family Center @capvfamilycenter

DIAPER DISTRIBUTION


In need of diapers?
We've got you covered
once a month.

Free & Intake required.

Monday-Friday during our
open hours.

COMMUNITY CLOSET



In need of
clothes?
Shop in our free
community
closet.

Looking to
donate? We
accept gently
used clothing!

Call to schedule a visit to the closet
413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online
 to learn
more about how
they are growing
and learning!



SCAN ME 