



COMMUNITY ACTION FAMILY CENTER

90 Federal St. Greenfield MA
413.475.1555 Se habla Espanol
www.communityaction.us/family-center

MARCH 2024

ALL PROGRAMS ARE FREE
We are a MA Family Center
& MA Family Resource Center



Find us on
Facebook

MONDAY
9AM-6PM

TUESDAY
9AM-6PM

WEDNESDAY
9AM-4PM

THURSDAY
9AM-6PM

FRIDAY
9AM-3 PM

SATURDAY
9AM-12PM

Family Game Night
MARCH 21, 2024
4:30PM
Dinner and games will be provided. No registration needed.
FUN FOR THE WHOLE FAMILY!

New Baby, New Feelings
10-11

Grandparents Raising
Grandchildren 12-1

Tea & Toddler Mom's Club
12:30-1:30

1

CLOSED

2

Hablemos 12-1

4

Play & Learn 10 -11
Parenting Journey 12-2
Multifamily DBT 4:30-6
Nurturing Fathers 6-8

5

Drop-In
Support By
appointment
9-12

Parent
Advisory
3:30-4:30

6

Bilingual Playgroup 10-11

Positive Parents & Terrific
Teachers Workshop 5-6

Healing Trauma 4-6

7

New Baby, New Feelings
10-11

Tea & Toddler Mom's Club
12:30-1:30

8

FC SATURDAY

Open Playroom
9:30-11:30

9

Hablemos 12-1

11

Play & Learn 10 -11
Car Seat Safety Check 10-11
Family Lunch 11:45- 12:30
Parenting Journey 12-2
Multifamily DBT 4:30-6
Nurturing Fathers 6-8

12

Drop-In
Support By
appointment
9-12

Community
Advisory
3:00-4:00

13

Bilingual Playgroup 10-11

Healing Trauma 4-6

14

New Baby, New Feelings
10-11

Grandparents Raising
Grandchildren 12-1

Tea & Toddler Mom's Club
12:30-1:30

15

CLOSED

16

Hablemos 12-1

18

Play & Learn 10 -11
Parenting Journey 12-2
Multifamily DBT 4:30-6
Nurturing Fathers 6-8

19

Drop-In
Support By
appointment
9-12

20

Bilingual Playgroup 10-11

Healing Trauma 4-6

Family Game Night
4:30-5:30

21

New Baby, New Feelings
10-11

Tea & Toddler Mom's Club
12:30-1:30

22

FC SATURDAY

Open Playroom
9:30-11:30

23

Play & Learn 10 -11
Parenting Journey 12-2
Multifamily DBT 4:30-6
Nurturing Fathers 6-8

25

26

Drop-In
Support By
appointment
9-12

27

Bilingual Playgroup 10-11

Potty Training Workshop
10-11

Healing Trauma 4-6

28

New Baby, New Feelings
10-11

Grandparents Raising
Grandchildren 12-1

Tea & Toddler Mom's Club
12:30-1:30

29

CLOSED

30

Call to make an
appointment for
individual support.

DROP-IN SUPPORT HOURS

Monday 10-1
Tuesday 10-1
Thursday 10-1
Friday 10-1
Saturday 2nd & 4th
9:30-11:30

**POSITIVE PARENTS
& TERRIFIC TEACHERS**
FREE PARENT & CAREGIVER WORKSHOP
Parents and caregivers, connect
with our school liaison and other
parents to explore how to build on
your parent/ teacher relationship
during conference time and beyond!
THURSDAY MARCH 7TH 5-6PM

**Family
Lunch**
Tuesday
March 12
11:30-12:30PM
Lunch is on us!
Come break bread
and socialize with
other Family Center
families for a lunch
prepared by Family
Center Staff.

ONGOING PROGRAMMING

FAMILY ACTIVITIES

FAMILY LUNCH - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY & TWEEN MAKERSPACE- In Person April 18, June 20, August 15 & October 17 4:30-5:30 pm. A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers. Tween craft and game space for youth 8+. No registration required. Dinner provided.

FAMILY GAME NIGHT - Join us every other month on the 3rd Thursday 4:30 -5:30 PM for a variety of games, dinner, and fun for the whole family!

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the open playroom.

STOP & PLAY - Reserve & enjoy for exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or pod-buddies to explore, play & read.

PLAYGROUPS

Weekly free Parent - Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!

** Snack Provided ** No pre-registration required.**

PLAY & LEARN - TUESDAYS 10-11AM
BILINGUAL PLAYGROUP - THURSDAYS 10-11AM

SUPPORT GROUPS

Light Snacks & Childcare provided. Transportation support available

New Baby, New Feelings - Weekly Fridays 10-11AM
Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Club - Weekly Fridays 12:30-1:30PM
Weekly support group for parents & caregivers with toddlers age 16mos-5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental, and welcoming environment, offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

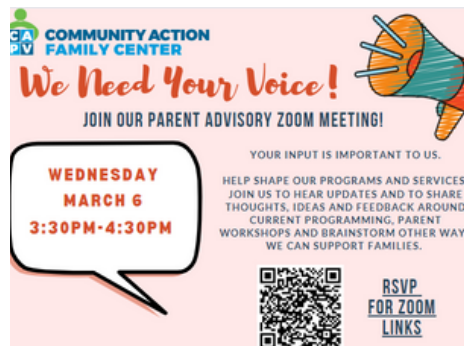
Hablemos - Cada Lunes 12-1 PM

Ayudamos a las familias a obtener la confianza que necesitan para convertirse en defensores más efectivos de sus familias. Reúnase para hablar con otros cuidadores de habla Español. Para que comparta sus experiencias únicas, conéctese con otros padres, escuche y ayúdesse mutuamente a hacer crecer nuestra comunidad.

EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing. See calendar for dates and times.

Active Parenting of Teens
Healing Trauma in Spanish
Nurturing Fathers
Parenting Journey
Multi-Family DBT (Dialectical Behavior Therapy)
Keeping Kids Safe



COMMUNITY ACTION FAMILY CENTER
We Need Your Voice!
JOIN OUR PARENT ADVISORY ZOOM MEETING!

**WEDNESDAY
MARCH 6
3:30PM-4:30PM**

YOUR INPUT IS IMPORTANT TO US.
HELP SHAPE OUR PROGRAMS AND SERVICES.
JOIN US TO HEAR UPDATES AND TO SHARE THOUGHTS, IDEAS AND FEEDBACK AROUND CURRENT PROGRAMMING, PARENT WORKSHOPS AND BRAINSTORM OTHER WAYS WE CAN SUPPORT FAMILIES.

RSVP FOR ZOOM LINKS



Oh Poop! Let's Tackle Toileting Together!
WORKSHOP DURING PLAY & LEARN PLAYGROUP
**THURSDAY MARCH 28
10 - 11:30 AM**

When should you start and how? What is working? What isn't working? You are not alone.
Join other caregivers for a discussion about potty training, no matter where you are on your potty training journey.
Snack and childcare provided
Registration required
Please call 413-676-1556 for more information
Take home free potty training tool!
PLEASE STAY HOME IF ANYONE IN YOUR HOUSEHOLD HAS SYMPTOMS OF ILLNESS OF ANY KIND

WE'RE LOOKING FOR... A HEALTHY FAMILIES MANAGER!

Facilitate strength and connection for local families!

The Healthy Families program works with young parents. Our Healthy Families home visitors support young parents through pregnancy, infancy, and early childhood of their first child. The Healthy Families Manager supervises the Healthy Families Supervisors, oversees the program, and helps apply for funding.

THIS ROLE IS PERFECT FOR SOMEONE WHO...

- has a degree or lots of experience in the field.
- has previous experience with home visiting.
- wants to promote equity, access and strength-based family support.
- enjoys motivating and managing a team.
- can create and implement policies & procedures.
- BIPOC & bilingual candidates encouraged to apply

Learn more & apply at:
www.communityactionus

QUICK FACTS:

- Pay:**
\$60,466 - \$64,148/yr
\$2,500 Hiring Bonus
- Benefits:**
- 3 wks vacation, 10 days sick time, 4 personal days/year
 - Affordable health, dental & vision insurance (Health New England)
 - Supportive management and a great workplace

DIAPER DISTRIBUTION



In need of diapers?
We've got you covered
once a month.

Free & Intake required.

Monday-Friday during our
open hours.

COMMUNITY CLOSET



In need of
clothes? Shop
in our free
community
closet.

Free & Intake required.

Call to schedule a
shopping 413.475.1555

WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online
to learn more about
how they are growing
and learning!



SCAN ME