

**MAY 2025** 

90 Federal St. Greenfield MA 413.475.1555 Se habla Espanol www.communityaction.us/family-center

ALL PROGRAMS ARE FREE
We are a MA Family Center
& MA Family Resource Center



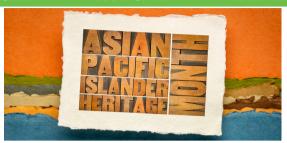


MONDAY 9AM-6PM TUESDAY
9AM-6PM

WEDNESDAY
9AM-4PM

THURSDAY
9AM-6PM

FRIDAY 9AM-3 PM SATURDAY 9AM-12PM



Windows & Mirrors Playgroup 10-11

Parenting Journey 11-1

1

New Baby, New Feelings 10-11

Open Toddler Playroom 11:30-12:30

Grandparents Raising Grandchildren 12-1

2

**CLOSED** 

Youth Group 2:30-4 **Play & Learn** 10 -11

**Nurturing Fathers** 6-8

Drop-In Support By appointment 9-12

Community Partner & Provider Open House 10-12

7

Windows & Mirrors
Playgroup
10-11

Parenting Journey 11-1

8

New Baby, New Feelings 10-11

> Tea & Toddler Caregivers Club 11:30-12:30

> > 9

**FC SATURDAY** 

Open Playroom 9:30-11:30

10

3

Youth Group 2:30-4

12

5

Play & Learn 10 -11

Parent Chat during Family Lunch 11:45-12:15

Art Therapy Group 2:30-5:30

**Nurturing Fathers** 6-8

13

6

Manteniendo A Los Niños 10 - 11:30

Drop-In Support By appointment

9-12

14

Windows & Mirrors Playgroup 10-11

Parenting Journey 11-1

Canvas & Connection 4-5:30

15

New Baby, New Feelings 10-11

Open Toddler Playroom 11:30-12:30

Chair Yoga for Grandparents Raising Grandchildren 12-1

16

**CLOSED** 

17

Youth Group

Pages of Possibilities: Youth Journal Workshop 4:-5:30

19

26

Play & Learn 10 -11

Art Therapy Group 2:30-5:30

Nurturing Fathers 6-8

20

Manteniendo A Los Niños 10 - 11:30

Drop-In Support By appointment

9-12

Windows & Mirrors Playgroup 10-11

Parenting Journey 11-1

22

New Baby, New Feelings 10-11

> Tea & Toddler Caregivers Club 11:30-12:30

> > 23

**FC SATURDAY** 

Open Playroom 9:30-11:30

24

AGENCY CLOSED

**Play & Learn** 10 -11

**Nurturing Fathers** 6-8

27

Drop-In Support By appointment 9-12

Virtual Community Advisory

28

21

Windows & Mirrors Playgroup

Parenting Journey 11-1

**Hip Hop Workshop** 

29

New Baby, New Feelings 10-11 Open Toddler Playroom

pen Toddier Playroom

30

**CLOSED** 

31

Call to make an appointment for individual support.

# DROP-IN SUPPORT HOURS

Monday 10-1 Tuesday 10-1 Thursday 10-1 Friday 10-1 Saturday 2nd & 4th 9:30-11:30







DIY journal-making
Fun writing & reflection activities
Creative decorating & customization

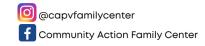
4-5:38 PM Let's turn blank pages into bold stories
—your story!

Open to Franklin County middle & high schoolers.



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# **ALL PROGRAMS ARE FREE**



# **ONGOING PROGRAMMING**

#### WHOLE FAMILY ACTIVITIES

**FAMILY LUNCH** - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

**FAMILY PAJAMA PARTY** - A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers.

No registration required. Dinner provided. Every other month on the 3rd

Thursday 4:30-5:30

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the Open Playroom.

STOP & PLAY - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

#### **PLAYGROUPS**

Weekly free Parent/Child playgroups from infancy through age 6.
Come play, practice skills, read stories, and make new friends!

\*\* Snack Provided \*\* No pre-registration required.\*\*

Play & Learn - Tuesdays 10-11AM Windows & Mirrors - Thursdays 10-11AM

## **SUPPORT GROUPS**

\*Light Snacks & Childcare provided. Transportation support available\*

**New Baby, New Feelings - Weekly Fridays 10-11AM** Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Club - Weekly Fridays 11:30-12:30PM
Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM
Let us create connections that allow us to share the joy, challenges, and

Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

# **EVIDENCE-BASED CAREGIVER EDUCATION**

We offer a variety of parent & caregiver strength-based programs.

All programs are voluntary and free to enroll. Registration and intakes are required.

Waitlists are ongoing!

Active Parenting First Five Years Active Parenting of Teens

Nurturing Fathers Parenting Journey I My Journey

Keeping Kids Safe

#### **PARENT CHAT**

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families. May 13 August 12 November 18 11:30am-12:15pm





#### **DIAPER DISTRIBUTION**



In need of diapers?
We've got you covered once a month.

Free & Intake required.

Monday-Friday during our open hours.

## COMMUNITY CLOSET



In need of clothes? Shop in our free community closet.

Looking to donate? We accept gently used clothing!

Call to schedule a visit to the closet 413.475.1555

# WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online

ASQ Ages & Stages

to learn

more about how they are growing and learning!















