



**COMMUNITY ACTION  
FAMILY CENTER**

# MAY 2025

90 Federal St. Greenfield MA  
 413.475.1555    Se habla Espanol  
[www.communityaction.us/family-center](http://www.communityaction.us/family-center)

**ALL PROGRAMS ARE FREE**  
 We are a MA Family Center  
 & MA Family Resource Center



Find us on  
**Facebook**

**MONDAY**  
 9AM-6PM

**TUESDAY**  
 9AM-6PM

**WEDNESDAY**  
 9AM-4PM

**THURSDAY**  
 9AM-6PM

**FRIDAY**  
 9AM-3 PM

**SATURDAY**  
 9AM-12PM



Windows & Mirrors  
 Playgroup  
 10-11  
 Parenting Journey 11-1  
**1**

New Baby, New Feelings  
 10-11  
 Open Toddler Playroom  
 11:30-12:30  
 Grandparents Raising  
 Grandchildren  
 12-1  
**2**

**CLOSED**

**3**

Youth Group  
 2:30-4  
**5**

Play & Learn 10 -11  
 Nurturing Fathers 6-8  
**6**

Drop-In  
 Support By  
 appointment  
 9-12  
 Community Partner  
 & Provider  
 Open House  
 10-12  
**7**

Windows & Mirrors  
 Playgroup  
 10-11  
 Parenting Journey 11-1  
**8**

New Baby, New Feelings  
 10-11  
 Tea & Toddler  
 Caregivers Club  
 11:30-12:30  
**9**

**FC SATURDAY**

Open Playroom  
 9:30-11:30  
**10**

Youth Group  
 2:30-4  
**12**

Play & Learn 10 -11  
 Parent Chat during  
 Family Lunch  
 11:45-12:15  
 Art Therapy Group  
 2:30-5:30  
 Nurturing Fathers 6-8  
**13**

Manteniendo A  
 Los Niños  
 10 - 11:30  
 Drop-In  
 Support By  
 appointment  
 9-12  
**14**

Windows & Mirrors  
 Playgroup  
 10-11  
 Parenting Journey 11-1  
 Canvas & Connection  
 4-5:30  
**15**

New Baby, New Feelings  
 10-11  
 Open Toddler Playroom  
 11:30-12:30  
 Chair Yoga for  
 Grandparents Raising  
 Grandchildren  
 12-1  
**16**

**CLOSED**

**17**

Youth Group  
 2:30-4  
 Pages of Possibilities:  
 Youth Journal  
 Workshop  
 4-5:30  
**19**

Play & Learn 10 -11  
 Art Therapy Group  
 2:30-5:30  
 Nurturing Fathers 6-8  
**20**

Manteniendo A  
 Los Niños  
 10 - 11:30  
 Drop-In  
 Support By  
 appointment  
 9-12  
**21**

Windows & Mirrors  
 Playgroup  
 10-11  
 Parenting Journey 11-1  
**22**

New Baby, New Feelings  
 10-11  
 Tea & Toddler  
 Caregivers Club  
 11:30-12:30  
**23**

**FC SATURDAY**

Open Playroom  
 9:30-11:30  
**24**

**AGENCY  
 CLOSED**  
**26**

Play & Learn 10 -11  
 Nurturing Fathers 6-8  
**27**

Drop-In  
 Support By  
 appointment  
 9-12  
 Virtual  
 Community  
 Advisory  
 3-4  
**28**

Windows & Mirrors  
 Playgroup  
 10-11  
 Parenting Journey 11-1  
 Hip Hop Workshop  
**29**

New Baby, New Feelings  
 10-11  
 Open Toddler Playroom  
 11:30-12:30  
**30**


**CLOSED**

**31**

Call to make an  
 appointment for  
 individual support.

## DROP-IN SUPPORT HOURS

Monday 10-1  
 Tuesday 10-1  
 Thursday 10-1  
 Friday 10-1  
 Saturday 2nd & 4th  
 9:30-11:30



## Parent Chat

during Family Lunch

**TUESDAY  
May 13th**

**11:45am-12:15pm**

No Registration Required

90 FEDERAL ST. GREENFIELD, MA

## Let's Have Lunch!

Lunch provided

Enjoy a free lunch with parents, caregivers, and Family Center staff and let's chat about making our programs even better for families! Your voice matters!

**SHARE YOUR IDEAS**

Center Programs

What worked this year? What could be better?

FREE YOUTH WORKSHOP

## PAGES OF POSSIBILITY

SCAN ME!

**MAY 19**

**4-5:30 PM**

Open to Franklin County middle & high schoolers.

DIY journal-making  
Fun writing & reflection activities  
Creative decorating & customization

Let's turn blank pages into bold stories —your story!

# ONGOING PROGRAMMING

## WHOLE FAMILY ACTIVITIES

**FAMILY LUNCH** - Join us every 2nd Tuesday for an interactive prepared meal and the opportunity to socialize with other Family Center families.

**FAMILY PAJAMA PARTY** - A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers.  
No registration required. Dinner provided. Every other month on the 3rd Thursday 4:30-5:30

**FC SATURDAYS - 2nd & 4th Saturday** Drop in for individual family support or have fun in the Open Playroom.

**STOP & PLAY** - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

## PLAYGROUPS

Weekly free Parent/Child playgroups from infancy through age 6.  
Come play, practice skills, read stories, and make new friends!

\*\* Snack Provided \*\* No pre-registration required.\*\*

**Play & Learn** - Tuesdays 10-11AM  
**Windows & Mirrors** - Thursdays 10-11AM

## SUPPORT GROUPS

\*Light Snacks & Childcare provided. Transportation support available\*

**New Baby, New Feelings** - Weekly Fridays 10-11AM  
Social/support group for moms with babies ages 0-16 months.

**Tea & Toddler Club** - Weekly Fridays 11:30-12:30PM  
Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

**Grandparents Raising Grandchildren** - 1st and 3rd Friday 12-1PM  
Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

## EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing!

Active Parenting First Five Years ♦ Active Parenting of Teens ♦  
Nurturing Fathers ♦ Parenting Journey I ♦ My Journey  
♦ Keeping Kids Safe

## PARENT CHAT

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families. May 13 August 12 November 18 11:30am-12:15pm

**JOIN US MONDAYS FOR  
YOUTH GROUP**

**MONDAYS  
2:30 TO 4PM**

AT 90 FEDERAL ST IN GREENFIELD  
REGISTRATION REQUIRED

AFTERSCHOOL SNACKS WILL BE  
PROVIDED AT EVERY MEETING

EXPLORE  
YOUR  
INTERESTS  
MEET NEW  
PEOPLE  
AND  
CREATE A  
SPACE THAT  
YOU WANT  
TO BE A  
PART OF

WEEKLY DROP-IN  
SUPPORT  
FOR MIDDLE & HIGH  
SCHOOL YOUTH

CALL OR  
SCAN  
QR CODE TO  
REGISTER

**CANVAS & CONNECTIONS**

**THURSDAY, MAY 15<sup>TH</sup>  
4-5:30PM  
90 FEDERAL ST.  
GREENFIELD, MA**

Paint Night for  
youth 11-17 and  
their caregivers

Dinner & childcare  
provided  
Register Today!

SCAN ME!

## DIAPER DISTRIBUTION



In need of diapers?  
We've got you covered  
once a month.

Free & Intake required.

Monday-Friday during our  
open hours.

## COMMUNITY CLOSET




In need of  
clothes?  
Shop in our free  
community  
closet.

Looking to  
donate? We  
accept gently  
used clothing!

Call to schedule a visit to the closet  
413.475.1555

## WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online  
 to learn  
more about how  
they are growing  
and learning!



SCAN ME