



# COMMUNITY ACTION FAMILY CENTER

90 Federal St. Greenfield MA  
413.475.1555 Se habla Espanol  
[www.communityaction.us/family-center](http://www.communityaction.us/family-center)

# FEBRUARY 2024

ALL PROGRAMS ARE FREE

We are a MA Family Center  
& MA Family Resource Center



Find us on  
Facebook

MONDAY  
9AM-6PM

TUESDAY  
9AM-6PM

WEDNESDAY  
9AM-4PM

THURSDAY  
9AM-6PM

FRIDAY  
9AM-3 PM

SATURDAY  
9AM-12PM

**BLACK  
HISTORY  
MONTH**



Bilingual Playgroup 10-11

1

New Baby, New Feelings  
10-11

Grandparents Raising  
Grandchildren 12-1

Tea & Toddler Mom's Club  
12:30-1:30

2

**CLOSED**

3

Hablemos 12-1

5

Play & Learn 10 -11  
Parenting Journey 12-2  
Nurturing Fathers 6-8

6

Drop-In  
Support By  
appointment  
9-12

7

Bilingual Playgroup 10-11

8

New Baby, New Feelings  
10-11  
Tea & Toddler Mom's Club  
12:30-1:30

9

FC SATURDAY

Open Playroom  
9:30-11:30

Family Cardmaking  
10:00-11:30

10

Hablemos 12-1

12

Play & Learn 10 -11  
Parenting Journey 12-2  
Nurturing Fathers 6-8

13

Drop-In  
Support By  
appointment  
9-12

14

Bilingual Playgroup 10-11

Pajama Party & Tween  
Makerspace  
4:30-5:30

15

New Baby, New Feelings  
10-11

Grandparents Raising  
Grandchildren 12-1

Tea & Toddler Mom's Club  
12:30-1:30

16

**CLOSED**

17

**AGENCY  
CLOSED**

19

Play & Learn 10 -11  
Parenting Journey 12-2  
Nurturing Fathers 6-8

20

Drop-In  
Support By  
appointment  
9-12

21

Bilingual Playgroup 10-11

Tween/Teen Sewing Maker  
Space 10-11

Family Lunch 11:45- 12:30

22

New Baby, New Feelings  
10-11

Tea & Toddler Mom's Club  
12:30-1:30

23

FC SATURDAY

Open Playroom  
9:30-11:30

24

Hablemos 12-1

26

Play & Learn 10 -11  
Parenting Journey 12-2  
Multifamily DBT 4:30-6  
Nurturing Fathers 6-8

27

Drop-In  
Support By  
appointment  
9-12

28

Call to make an  
appointment for  
individual support.

## DROP-IN SUPPORT HOURS

Monday 10-1  
Tuesday 10-1  
Thursday 10-1  
Friday 10-1  
Saturday 2nd & 4th  
9:30-11:30

**COMMUNITY ACTION  
FAMILY CENTER**

## Family Center Pajama Party

Join us for a night of free family fun & crafts

**Thursday  
February 15, 2023  
4:00-5:30pm**

*Astronaut Craft  
& Storytime*

Dinner & craft supplies will be provided.  
Pajamas are optional.

CELEBRATE LOVE, FAMILY & FRIENDSHIP

# FAMILY CARD MAKING PARTY

**Saturday  
Feb 10 2024 | 10-11:30AM  
90 FEDERAL ST. GREENFIELD**

Stop by for our annual #FCSaturday  
card-making family crafting party!  
Create your own greeting cards and  
handmade goodies to give to your  
loved ones.

And the best part?  
All craft supplies and snack will be  
provided.

## ONGOING PROGRAMMING

### FAMILY ACTIVITIES

**FAMILY LUNCH** - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

**FAMILY PAJAMA PARTY- In Person** 3rd Thursday every other month. Registration required when virtual. Literacy event for children ages 0-8 years old and their caregivers. (Virtual PJ Party every other month!)

**FAMILY GAME NIGHT** - Join us every other month on the 3rd Thursday for games, dinner, and fun for the whole family!

**FC SATURDAYS** - Drop in for individual family support or have fun in the open playroom.

**STOP & PLAY** - Reserve & enjoy one hour for exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or pod-buddies to explore, play & read

### PLAYGROUPS

Weekly free Parent - Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends!

\*\* Snack Provided \*\* No pre-registration required.\*\*

**PLAY & LEARN** - TUESDAYS 10-11AM

**BILINGUAL PLAYGROUP** - THURSDAYS 10-11AM

### SUPPORT GROUPS

**\*Light Snack & Childcare provided\***

**New Baby, New Feelings** - Weekly Fridays 10-11AM  
Social/support group for moms with babies ages 0-16 months.

**Tea & Toddler Mom's Club** - Weekly Fridays 12:30-1:30PM  
Weekly support group for moms with toddlers age 16mos—5yrs.

**Grandparents Raising Grandchildren** - 1st and 3rd Friday 12-1PM  
Bi-weekly support group in person at the Family Center for all grandparents.

**Hablemos** - Cada Lunes 12-1PM  
Ayudamos a las familias a obtener la confianza que necesitan para convertirse en defensores más efectivos de sus familias.  
Reúnase para hablar con otros cuidadores de habla Español.

### EVIDENCE-BASED CAREGIVER EDUCATION

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. **Waitlists are ongoing.** See calendar for dates and times.

Active Parenting of Teens  
Healing Trauma in Spanish  
Nurturing Fathers  
Parenting Journey  
Multi-Family DBT (Dialectical Behavior Therapy)  
Keeping Kids Safe



### DIAPER DISTRIBUTION

  
**In need of diapers?  
We've got you covered  
once a month.**

**Free & Intake required.**

**Monday-Friday during our  
open hours.**


### COMMUNITY CLOSET

  
**In need of  
clothes? Shop  
in our free  
community  
closet.**

**Free & Intake required.**

**Call to schedule a  
shopping 413.475.1555**

## WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

  
**Use the online  
to learn more about  
how they are growing  
and learning!**



 **SCAN ME**