



2026 Head Start Income Guidelines

Based on 2026 Federal Poverty Guidelines (FPG)

Family Number	100% FPL	130% FPL
2	\$21,640	\$28,132
3	\$27,320	\$35,516
4	\$33,000	\$42,900
5	\$38,680	\$50,284
6	\$44,360	\$57,668
7	\$50,040	\$65,052
8	\$55,720	\$72,436

Families are Income Eligible for Head Start/Early Head Start if a family member receives public assistance (SSI, DTA cash assistance, or SNAP benefits) or if the family's income is at or below the Federal Poverty Guidelines for the previous tax year or previous 12 months. Families are automatically eligible if the family is homeless according to McKinney-Vento Act or if the child is a foster child.

10% of enrolled Head Start/Early Head Start participants can be over income. 35% of enrolled participants can have income between 100-130% of the FPG.

For the EHS/HS waitlist, families must provide up to date immunizations and physical, proof of birth and eligibility verification (previous 12 months or tax year's income, public assistance or current categorical eligibility)